



NainaMD

Advanced Aesthetics and Integrative Medical Center
The Fusion of Science & Beauty



Conditions benefiting from Dr. Naina Sachdev's work:

- Bioidentical hormones
- Chronic fatigue
- Fibromyalgia
- Neurotransmitter imbalances
- Depression and Anxiety
- Athletic endurance protocols
- Appetite control
- Male hormone balancing
- Thyroid problems
- Food allergies
- Gastrointestinal detoxification regimens
- Cancer prevention protocols

Dr. Naina Sachdev's Services:

- Premier Laser Therapy - Titan, Laser Genesis, and Limelight
- Hair removal on virtually all skin types
- Botox
- Dermal fillers – Evolence, Juva-derm, Restylene and Perlane
- Body-sculpting treatments
- Vibraderm
- Detoxification regimens - light beam generator therapy
- Microdermabrasion
- Customized skin treatments using gold and silver mineral foils
- Wellness interventions
- Full line of wellness, anti-aging products
- Obagi peels and products

As a leading Anti-Aging expert, and most recently Anti-Aging Ambassador for Procter & Gamble's Olay Regenerist skincare line, Dr. Naina Sachdev is passionate about getting to the core of internal imbalances that lead to visible disturbances in appearance. Using a holistic approach, she creates customized protocols combining therapies from Aesthetic, Integrative and Functional Medicine. Dr. Naina Sachdev draws on her experience as an internist and anti-aging expert to serve patients throughout the Portland Metro and Los Angeles areas as well as internationally in Dubai.

Dr. Naina Sachdev's patients can expect to receive the best care in:

- Aesthetics: including Dermal fillers, Advanced Laser therapies and Body shape treatments.
- Anti-aging, Functional Medicine and Nutrigenomics. Dr. Naina Sachdev's specialized blend of treatments lead to improved health, a youthful appearance and an empowered lifestyle. Patients often report undergoing a transformative experience through these therapies.
- Treatment of hormone imbalances using bioidentical hormones to treat conditions including chronic fatigue and fibromyalgia.

Patients also benefit from Dr. Naina Sachdev's designations as:

- Anti-Aging Ambassador of Olay's Regenerist skincare line throughout the Middle East and globally, including in the United States. Partnering with Procter & Gamble on this project allows Dr. Naina Sachdev to educate consumers on the revolutionary advances in anti-aging medicine. She now appears in television and radio segments, and participates in magazine interviews to educate consumers on anti-aging and functional medicine.
- Board certified in Anti-Aging and Regenerative medicine, Dr. Naina Sachdev serves as a speaker for the American Academy of Anti-Aging; educating physicians both nationally and internationally on the topics of nutrigenomics and bioidentical hormone replacement therapy.

Dr. Naina Sachdev's depth of experience, international impact and enthusiasm for anti-aging and functional medicine provide her patients with the best results for their overall health.

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